



# Have a Heart

## **FOOD DRIVE**

### February 1 - 29

During the Holidays, our local food bank's inventory is depleted. Now, Winter is getting its grip on our region and families are in need to keep food on their tables. This February, Have a Heart and help our community by donating food in any of the bins that are located throughout County worksites.



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# Needed Items:

**BREAKFAST FOOD** - Boxed whole grain cereal, oatmeal, breakfast squares, cereal bars, canned fruit, canned juice, canned and powdered milk.

**DINNER FOOD** - Combinations of foods that can be used to prepare meals such as spaghetti and canned sauce, rice, refried beans, canned vegetables, canned salsa, canned meats like Spam, chicken, tuna, salmon; pasta; dried beans, peas and lentils, and canned meals such as chili, stew and hearty soups.

**KIDS FOOD** - 100% juice boxes, granola bars, dried fruit, applesauce cups, peanut butter and jelly, cereal, macaroni and cheese, tuna, and canned spaghetti.

**Bins are already located at various County facilities for food donations. Please drop off your food donations in any of those designated bins.**

For more information on donating, contact your Internal Organizer.



Joel Hill - (831) 784-2568

Jay Donato - (831) 784-2567

Bryce Stoepfel - (831) 784-2575

Henry Soria - (831) 784-2563

If you would like to be a Food Bank Captain at your worksite and help recruit donations at your worksite, please contact Monterey County Board members and Have a Heart Food Bank Coordinator:

Nancy Treffry at [TreffryNS@co.monterey.ca.us](mailto:TreffryNS@co.monterey.ca.us) or (831) 796-1299